

# **OLYMPIC VIEW MIDDLE SCHOOL**



## **COURSE GUIDE**

**2023-2024**

## Table of Contents

Middle School Course Offerings ..... 4

6th Grade Required Courses ..... 5

6th Grade Elective Courses ..... 7

7th Grade Required Courses ..... 9

7th Grade Elective Courses ..... 12

8th Grade Required Courses ..... 15

8th Grade Elective Courses ..... 18

# Course Offerings

Course offerings may change due to student enrollment and/or staffing.

## 6<sup>th</sup> Grade

### Required

- English Language Arts
- Social Studies
- Mathematics
- Science
- Health & Fitness (2 trimesters)
- Middle School Foundations (1 trimester)

## 7<sup>th</sup> Grade

### Required

- English Language Arts
- Social Studies
- Mathematics
- Science
- Health & Fitness (2 trimesters)
- Washington State History (1 trimester)

## 8<sup>th</sup> Grade

### Required

- English Language Arts
- Social Studies
- Mathematics
- Science
- Health & Fitness (2 trimesters)
- Technology (1 trimester of Creative Coding or Digital Media)

## Student Selects ONE Elective

## 6<sup>th</sup> Grade

### Elective Choices:

- Beginning Band
- Choir
- Orchestra
- Elective Rotation (combination of the following single trimester classes):
  1. Family & Consumer Science
  2. STEM Exploration
  3. Art
  4. Ukulele

## 7<sup>th</sup> Grade

### Elective Choices:

- 7AVID
- 7Band/Beginning Band
- Choir
- Orchestra/Advanced Orchestra
- Elective Rotation (Pick your favorite two-trimester choice below. The remaining trimester will be selected for you based on availability.):
  1. Leadership
  2. Intro to Personal Choices
  3. STEM Exploration
  4. Acting
  5. Art
  6. Digital Photography

### Zero Period Elective:

Jazz Band (Audition/Selection Required)

## 8<sup>th</sup> Grade

### Elective Choices (full year):

- Art
- AVID
- Band/Beginning Band
- Choir
- Digital Media
- Family & Consumer Science
- French (High School credit)
- Leadership—Advanced
- Orchestra/Advanced Orchestra
- STEM Exploration/Intro to Robotics
- Yearbook

### Zero Period Elective:

Jazz Band (Audition/Selection Required)

## **Sixth Grade Required Courses**

*Course offerings may change due to student enrollment and/or staffing.*

**There are two levels of English Language Arts and Social Studies.** Students can choose to be placed in the appropriate level based on their skills and readiness level. Students looking into honors should be ready to be challenged, go into more depth and work with more independence than a regular class. A desire to put in effort is a must.

When considering whether or not honors is the best fit for your student, please keep in mind that students who are successful in honors ELA and Social Studies classes exhibit the following characteristics:

### **Classwork**

- Work independently
- Demonstrate responsibility by completing assigned work in a timely manner
- Show a desire to be challenged
- Self-advocate when clarity or support are needed

### **STAR/iReady score**

- Earn above grade level equivalencies on STAR or iReady diagnostics

### **SBA score**

- Earn a Level 3 or 4 on the most recent ELA Smarter Balanced Assessment

### **Independent reading**

- Possess a high interest in reading and writing
- Consistently engage in independent reading

### **Participation**

- Willingly and actively collaborate during group work
- Willingly and actively participate in class

**English Language Arts 6LAL07** (full year)

**Honors Language Arts 6LAL07-HRS** (full year)

Our 6th Grade English Language Arts class is aligned with the Common Core State Standards, which include College and Career Readiness standards. Reading, writing, speaking, listening, language and collaborative strategies are used purposefully to build knowledge and skills and to help students become independent readers, writers and thinkers as they continue to progressively build the skills necessary for academic success in middle school. The primary goals of the course are to foster independent learning, encourage in-depth exploration of the content and develop academic habits of mind.

**Social Studies 6SOC17** (full year)

**Honors Social Studies 6SOC07-HRS** (full year)

Students will apply the social studies skills of civics, economics, geography and history to the study of ancient civilizations (8000 BCE- 600 CE). Students will practice reading, interpreting, and analyzing non-fiction information using textbooks, primary and secondary sources, and multi-media. Then they will apply these skills to note taking and collaborative project-based learning in the classroom.

### **Mathematics 6MAT01** (full year)

### **Mathematics Honors 6MAT02** (full year)

There are two levels of math for sixth graders. Honors Math is a good fit for students that have shown an aptitude for math over the years and tend to work at a much faster pace than their peers. They will be provided instructional opportunities which extend students' understanding and application of the sixth-grade mathematics standards.

Honors Math covers all 6<sup>th</sup> grade math concepts and half of the 7<sup>th</sup> grade math concepts in one school year. The standard math class covers all 6<sup>th</sup> grade math concepts in one school year.

In both classes, instruction in mathematics will focus on four critical areas: (1) connecting ratio and rate to solve problems; (2) completing their understanding of division of fractions and extending the notion of number to the system of rational numbers, which includes negative numbers; (3) writing, interpreting and using expressions and equations; (4) developing understanding of statistical thinking.

### **Science 6SC107** (full year)

Our class will follow Next Generation Science Standards for *Systems, Inquiry, Application* and *Content*. This year's curriculum will be a combination of two different curriculums: McGraw-Hill Inspiration Science and Gizmos (Virtual Labs). There are four main content areas, all explored through scientific inquiry and engineering practices.

- **Structure and Function of Organisms:** Unicellular and multicellular organisms, specialized functions and interconnectedness of organs and organ systems in the human body
- **Reproduction of Organisms:** How living things reproduce and care for their young
- **Energy in the Atmosphere** Weather and Climate and the energy that drives the systems in the hydrosphere and atmosphere.
- **Human Impact of the Environment** How human activity impacts land, water, the atmosphere and climate.

### **Health & Fitness 6PED17/6PED27** (2 trimesters)

This program provides students with diverse experience that instill a positive self-concept. Our curriculum emphasizes fitness, movement, sports skills and activities in a safe, creative environment. Students will participate in various individual and team sports with an emphasis on lifelong fitness. A focus on cardio and respiratory fitness and an introduction to strength training are included at each grade level.

Students will study Refusal Skills, Decision Making Skills and Conflict Resolution Skills as part of a Social Skills unit as well as being introduced to fitness planning. State required HIV lessons are also included. Families may choose to opt their students out, however, parents/guardians must preview the instructional materials in order to do this.

### **Middle School Foundations 6MSF17** (1 trimester)

The class emphasizes what it takes to be a contributing member of a school community. Activities, projects, and lessons will emphasize the importance of building awareness in order to recognize their own needs and the needs of others. Students will learn both interpersonal skills and academic skills that will help them lead by example. This course is designed to provide sixth grade students with the skills and strategies they need to be successful in middle school.

## **Sixth Grade Elective Courses**

Electives can be full year or combination of trimesters.  
***Some classes may change due to student enrollment.***

### **Beginning Band 9YBA07B** (full year)

Students in beginning band play a wind or percussion instrument and participate in performances during the school year. No prior experience is needed. Performance opportunities include our concert band, a pop concert, the award-winning marching band, and various travel/music performance opportunities. Home practice and participation in evening performances is expected. There are scholarship opportunities for trip expenses as well.

### **Choir 9YCH07** (full year)

Come join the award-winning Pirate Choir! It is open to all sixth-grade students. This course guides students through vocal music exploration, understanding and performance. Home practice and participation in evening performances is expected. There is also the opportunity for students with experience on the piano to participate as accompanists for the choir. Throughout the year the choir is called upon to perform for various occasions and events. These include traveling to choral festivals, community performances, performances at various school functions and our annual winter, spring, and end-of-year concerts.

### **Orchestra 9YOR10** (full year)

Be a part of the award-winning Olympic View Orchestra. Learn to play a string instrument. No prior experience is needed. We can offer instruments to students who can't afford one. Home practice and participation in evening performances are required. The Orchestra has various performances throughout the year. These include traveling to Orchestra festivals, community performances, performances at various school functions, and our annual winter, spring and end-of-year concerts.

### **Ukulele 8YUK17A** (1 trimester)

Introductory classroom instruction in Ukulele playing technique, music reading, chord symbols, and song accompaniment. This class provides an opportunity for students interested in music to learn an instrument in class without having the concert performance requirements of band or orchestra.

### **Arts and Crafts 6WAT17** (1 trimester)

Students will develop methods of personal expression within project guidelines in a wide range of art experiences including drawing, ink, painting, ceramics design/ composition, collage and paper mâché.

### **Family & Consumer Science 6YHF17** (1 trimester)

Students will focus on skills that they will need throughout their life. Students will learn how to use a sewing machine in this introductory class by doing some practice sewing before they complete their final project. Students will also study basic nutrition, interpersonal relationships, financial management and basic cooking. Students will apply the science of cooking while baking desserts and working in group settings. In this class we follow the guidelines set forth by state and national standards. We will also align skills when applicable with the Mukilteo School Districts Common Cores for Reading, Writing & Math as they pertain to the curriculum being taught in this class. A focus is also placed on the 21st Century Skills as students begin to plan for Career, College and Beyond. Some of the 21st Century skills include flexibility, adapting to change, managing goals and time, working independently, being self-directed learners, interacting effectively with others, working effectively in diverse teams & being responsible to others.

### **STEM (Science, Technology, Engineering & Mathematics) Exploration 6XTE17** (1 trimester)

Students will explore STEM with hands-on experience in design and communication; energy, power and transportation; construction; and manufacturing. Students will gain skills in problem-solving, project design (drafting and CAD, 3D printing) and basic machine operation and safety. An emphasis in project work will be on structures and materials with a focus toward community design and planning. Group and individual exercises will be used. Experience in woodworking, drafting (digital with 3D printing), engineering, problem solving and mechanisms may also be included.



## **Seventh Grade Required Courses**

*Course offerings may change due to student enrollment and/or staffing.*

**There are two levels of English Language Arts and Social Studies for seventh graders.** Students can choose to be placed in the appropriate level based on their skills and readiness level. Students looking into honors should be ready to be challenged, go into more depth and work with more independence than a regular class. A desire to put in effort is a must.

When considering whether or not honors is the best fit for your student, please keep in mind that students who are successful in honors ELA and Social Studies classes exhibit the following characteristics:

### **Classwork**

- Work independently
- Demonstrate responsibility by completing assigned work in a timely manner
- Show a desire to be challenged
- Self-advocate when clarity or support are needed

### **STAR/iReady score**

- Earn above grade level equivalencies on STAR or iReady diagnostics

### **SBA score**

- Earn a Level 3 or 4 on the most recent ELA Smarter Balanced Assessment

### **Independent reading**

- Possess a high interest in reading and writing
- Consistently engage in independent reading

### **Participation**

- Willingly and actively collaborate during group work
- Willingly and actively participate in class

### **Language Arts 7LAL07** (full year)

### **Honors Language Arts 7LAL07-HRS** (full year)

7th Grade English Language Arts is aligned with the Common Core State Standards which include College and Career Readiness standards. Reading, writing, speaking, listening, language and collaborative strategies are used purposefully to build knowledge and skills and to help students become independent readers, writers and thinkers as they continue to progressively build the skills necessary for academic success. The primary goals of the course are to foster independent learning, encourage in-depth exploration of the content and develop academic habits of mind.

Students will develop proficiency in composition, grammar, mechanics and usage in the writing process. Students will craft multiple pieces of narrative, argumentative and expository writing throughout the year. Comprehension, vocabulary and research skills are developed with thematic units drawn from multiple texts, novels and visual media. Students will analyze and evaluate what was read for theme, author's craft effectiveness and purpose. Emphasis is placed on higher level thinking skills.



### **Social Studies 7SOC17** (full year)

Students will apply the major social studies skills of civics, economics, geography and history to the study of world civilizations (600-1450 CE). Students will develop skills in writing and communication through a challenging curriculum emphasizing higher level thinking and advanced writing skills.

### **Honors Social Studies 7SOC07B** (full year)

Students will examine major social studies elements including civics, economics, culture, geography and history from civilizations in the Middle Era of World History. Using primary and secondary sources, students will develop skills in data-based writing which supports and justifies claims with relevant textual evidence. Critical thinking, analyzing events for cause and effect, and academic, collaborative conversations are expectations for participants in this course.

## **MATHEMATICS & ACCELERATED MATHEMATICS**

There are two mathematics pathways offered to seventh graders:

### **Mathematics & Accelerated Mathematics.**

Students can choose to be placed in the appropriate level based on their skills and readiness level. Accelerated Math is a good fit for students that have shown an aptitude for math over the years and tend to work at a much faster pace than their peers. They will be provided instructional opportunities which extend students' understanding and application of the seventh-grade mathematics standards.

### **Mathematics 7MA01** (full year)

Instructional time focuses on four critical areas for seventh grade math:

(1) developing understanding of and applying proportional relationships; (2) developing understanding of operations with rational numbers and working with expressions and linear equations; (3) solving problems involving scale drawings and informal geometric constructions and working with two- and three-dimensional shapes to solve problems involving surface area and volume; and (4) drawing inferences about populations based on samples.

### **Accelerated Mathematics 7MAT02** (full year)

This course combines seventh grade mathematics and part of eighth grade mathematics standards to achieve placement in Algebra by eighth grade. The content has four critical areas of focus: (1) developing understanding of and applying proportional relationships and making connections to linear equations; (2) developing understanding of operations with rational numbers and analyzing and solving expressions and linear equations; (3) solving problems involving scale drawings and informal geometric constructions, working with two- and three-dimensional figures to solve problems involving area, surface area, and volume, analyzing two- and three-dimensional space and figures using distance, angle similarity and congruence; and (4) drawing inferences about populations based on samples, including modeling an association in bivariate data with a linear equation.

### **Science 7SC107** (full year)

This course follows the Next Generation Science Standards for *Systems, Inquiry, Application* and *Content*. This year's curriculum will be a combination of two different curriculums: McGraw-Hill Inspiration and Gizmos (Virtual Labs). There are four main content areas, all explored through scientific inquiry and engineering practices.

- **Matter and Its Interactions:** This is a chemistry unit focusing on atoms, molecules, states of matter, properties of matter and changes in matter.
- **Ecosystems: Interactions, Energy, and Dynamics:** This is an ecology unit that focuses on the flow of energy and the cycling of matter.
- **Earth's Resources:** This unit focuses on the types and uses of Earth's resources and the impact of obtaining those resources.
- **The Changing Earth:** This is an geology unit focusing on how the Earth changes over time.

### **HEALTH & FITNESS/WASHINGTON STATE HISTORY ROTATION**

**One of our required courses for seventh-graders is the Health & Fitness/Washington State History rotation.**

#### **Health & Fitness Rotation 7PED17/7PED27** (2 trimesters)

This program provides students with diverse experiences that instill a positive self-concept. Our curriculum emphasizes fitness, movement, sports skills and activities in a safe, creative environment. Students will be able to participate in various individual and team sports with an emphasis on lifelong fitness. An introduction to weight training is included at each grade level. Students will review fitness planning, study how drugs, tobacco and alcohol affect the brain and learn more about Human Growth & Development. Families may choose to opt their students out; however, parents/guardians must preview the instructional materials before this can be done.

#### **Washington State History Rotation 7WSS17** (1 trimester)

Washington State History is a high school graduation requirement and is covered in a trimester rotated with two trimesters of health and fitness class. This class covers a variety of topics relating to the state's history from early settlement, statehood with emphasis on climate, economics, geography and government. Our textbook is "The Washington Journey." Appreciation of diversity is also stressed with an emphasis on the unique cultural and ethnic groups that have helped to make the state what is today.

## **Seventh Grade Elective Courses**

Electives can be full year or combination of trimesters.  
***Some classes may change due to student enrollment.***

### **Acting ACT17/ACT27** (2 trimesters)

In this class, students will continue their study of the basic concepts and begin to refine their presentational skills. Students will use various creative drama techniques to build ensemble, stimulate imagination, movement, and role-play with an emphasis on believability and sensory awareness. Students will use observation and emotional memory to reveal thoughts and feelings and to build believable characters and situations. Students will learn and use drama and theatre vocabulary in class discussions and the activities will address the promotion and reinforcement of students' literacy skills. Students will exhibit and reinforce their skills through individual and group presentations, performances, and script and journal writing.

### **Art 7WAT17/7WAT27** (1 or 2 trimesters)

Art students with varied previous experiences will further develop or learn methods of personal expression within project guidelines in a wide range of art experiences that will include drawing, ink, paper craft, ceramics, and collage. Students will develop their visual arts vocabulary to create, revise, refine and reflect upon their work.

### **AVID 7AVD07** (full year)

Advancement via Individual Determination (AVID) is an academic elective offered to seventh and eighth graders. It is a class for students with a desire and determination to challenge themselves to reach their full potential. It teaches students the necessary strategies to be successful in both middle school and high school, with the ultimate focus of students being college ready. Students interested in this course must fill out an application and interview with the AVID teachers.

### **Band 7YBA07** (full year)

#### **Beginning Band 9YBA07B** (full year)

Members will be placed according to band experience. Refine your skills on a wind or percussion instrument and participate in daytime and evening performances throughout the school year. Performance opportunities include our concert band, a pop concert, our award-winning marching band and various travel/music performance opportunities. Regular home practice is expected. Seventh grade beginning band members will be enrolled with students with less experience. Students travel to competitions. Our band program has had a lot of competitive success throughout the region. There are instrument and travel expense scholarships available.

### **Choir 9YCH07** (full year)

Come join the award-winning Pirate Choir. Choir is open to all seventh grade students. This course guides students through vocal music exploration, understanding and performance. Home practice and participation in evening performances is expected. There is also the opportunity for students with experience on the piano to participate as accompanists for the choir. Throughout the year the Choir is called upon to perform for various occasions and events. These include traveling to choral festivals, community performances, performances at various school functions plus our annual winter, spring and end-of-year concerts.

### **Intro to Personal Choices 7ZHP17/7XHF17** (2 trimesters)

This introductory class contains the five units listed below.

- **Personal Finance:** Focus on budgeting and meal-planning
- **Nutrition:** Use nutrition and fitness diaries to evaluate information. Learn about food groups and their relationship to students' well-being. Compare food labels and food types.
- **Family & Relationships:** Explore personal relationships and interactions. Complete a presentation based on information from research.
- **Textiles:** Complete several practice sewing projects to learn the skills needed to operate a sewing machine. Pass written sewing test and also learn how to hand sew to create a finished product.
- **Culinary Arts:** Pass a food safety and skills test. Learn how to plan and prepare beginning meals.

### **Digital Photography – 7YDP17/7YDP27** (1 or 2 trimesters)

Explore beginning principles of photography and develop introductory photo editing skills in Photoshop. Students first learn about the parts of the camera, camera settings and basic camera operation. Over the course of the two trimesters, this class will guide students through the learning of photographic composition, photography elements and finish up with a variety of photo editing techniques. This course is project-based, and students will maintain a printed photography portfolio throughout the class.

### **Principles of Leadership 7POL17/7POL27** (2 trimesters)

Seventh grade leadership is a two-trimester class. There are no prerequisites for this course. In this class we create opportunities to practice character development and the 8 Essentials of Servant-Leadership. We create these opportunities through real-world examples, personal reflection, and initiatives (games with a purpose). Also covered in this course: personality types, service to others, effective communication & listening skills, goal setting, relationship building and personal growth. This leadership class is often called upon to support school events and activities such as Spirit Week, assemblies, various drives and fundraisers plus after school events.

**Orchestra 9YOR07** (full year)**Advanced Orchestra 9YOR07AA** (full year)

Be a part of the award-winning Olympic View Orchestra! Learn to play a string instrument. Home practice and participation in evening performances are required. We can offer instruments to students who can't afford one. (Students with previous orchestra experience or by instructor's permission may register for the advanced orchestra class.)

Develop understanding of music disciplines and ability to play on string instruments. Home practice and participation in evening performances is required. Throughout the year the Orchestra has various performances. These include traveling to orchestra festivals, community performances, performances at various school functions and our annual winter, spring and end-of-year concerts.

**STEM (Science, Technology, Engineering, and Mathematics) Exploration 7YTE17/7YTE27** (2 trimesters)

Students will explore STEM with hands-on experience in design and communication; energy, power, and transportation; construction; and manufacturing. Students will gain skills in problem-solving, project design (drafting and CAD, 3D printing), and basic machine operation and safety. An emphasis in project work will be on transportation and energy systems with a focus toward community design and development. Group and individual exercises will be used. Experience in woodworking, drafting (digital with 3D printing), engineering, problem solving and robotics may be included.

## **Eighth Grade Required Courses**

***Course offerings may change due to student enrollment and/or staffing.***

**There are two levels of English Language Arts and Social Studies.** Students can choose to be placed in the appropriate level based on their skills and readiness level. Students looking into honors should be ready to be challenged, go into more depth and work with more independence than a regular class. A desire to put in effort is a must.

Differentiation for Honors ELA includes more complex novels and supplemental texts with higher Lexile levels, increased independence and a summer reading assignment. When considering whether or not honors is the best fit for your student, please keep in mind that students who are successful in Honors ELA and Social Studies classes exhibit the following characteristics:

### **Classwork**

- Work independently
- Demonstrate responsibility by completing assigned work in a timely manner
- Show a desire to be challenged
- Self-advocate when clarity or support are needed

### **STAR/iReady score**

- Earn above grade level equivalencies on STAR or iReady diagnostics

### **SBA score**

- Earn a Level 3 or 4 on the most recent ELA Smarter Balanced Assessment

### **Independent reading**

- Possess a high interest in reading and writing
- Consistently engage in independent reading

### **Participation**

- Willingly and actively collaborate during group work
- Willingly and actively participate in class

**Language Arts 8LAL07** (full year)

**Language Arts Honors 8LAL07-HRS** (full year)

Our eighth grade English Language Arts course is aligned with the Common Core State Standards which include College and Career Readiness standards. Reading, writing, speaking, listening, language and collaborative strategies are used purposefully to build knowledge and skills and to help students become independent readers, writers and thinkers as they transition into high school. The primary goals of the course are to foster independent learning, encourage in-depth exploration of the content and develop academic habits of mind.

**Social Studies 8SOC07** (full year)

Students will survey the history of the United States from the Colonial Period to Reconstruction. A study of the State Constitution is included in this course. Students will participate in classroom-based assessments. Students will develop skills in writing and communication through a challenging curriculum emphasizing higher level thinking and advanced writing skills.



### **Social Studies Honors 8SOC07-HRS** (full year)

Students will survey the history of the United States from the Colonial Period to Reconstruction. They will survey the history of Washington State from the territorial period to the present. A study of the State Constitution is included in this course. Emphasis placed on higher level thinking skills.

### **MATHEMATICS COURSE OPTIONS**

- Students that completed 7th Grade Math will be placed in 8th Grade Math.
- Students that completed 7th Grade Accelerated Math will be placed in Algebra 1.

### **Eighth Grade Mathematics 8MA01** (full year)

Instructional time will focus on three critical areas:

(1) formulating and reasoning about expressions and equations, including modeling an association in bivariate data with a linear equation and solving linear equation and systems of linear equations; (2) grasping the concept of a function and using functions to describe qualitative relationships; and (3) analyzing two- and three-dimensional space and figures using distance, angle, similarity and congruence and understanding and applying the Pythagorean Theorem.

### **Algebra I ALG105-MST** (full year)

This course combines part of 8th Grade Mathematics and Algebra I standards. This course also qualifies for one high school math credit and may begin a student's high school transcript. The content has five critical areas of focus: (1) developing fluency in writing, interpreting and translating between various forms of linear equations, inequalities and using them to solve problems; (2) analyzing linear, exponential and quadratic functions and critically studying verbal, graphic, numeric and symbolic representations of functions; (3) providing students with more formal means of assessing how a model fits data, use of regression techniques and judging appropriateness of linear models by looking at residuals; (4) extending laws of components into rational exponents to see structure in and create equations, inequalities, and quadratic and exponential expressions; and (5) comparing and interpreting key characteristics of quadratic functions to linear and exponential functions.

### **Science 8SC107** (full year)

The eighth-grade science course explores the three dimensions of science: Science and Engineering Practices, Disciplinary Core Ideas and Crosscutting Concepts. The content covered in these units is aligned with Washington State Science Standards and is focused around four big ideas:

1. Change over time: reproduction of organisms, geologic time, natural selection and adaptations, evidence of evolution
2. Energy and Motion: forces and motion, mechanical energy electromagnetic forces
3. Understanding waves: introduction to waves, light, information technology
4. Humans and their place in the universe: Earth and human activity, the sun-earth-moon system, exploring the universe

Students also apply a variety of science and engineering practices to accomplish the goal of a challenge, including working under the conditions of criteria and constraints. Students will develop a knowledge and use of the crosscutting concepts common amongst all sciences.



## **HEALTH & FITNESS/TECHNOLOGY ROTATION**

**One of our required courses for eighth-graders is the Health & Fitness/Technology rotation:**

- Two trimesters of Health & Fitness
- One trimester of technology (Creative Coding or Digital Media assigned by counselor based on space)

### **Health & Fitness Rotation BPED17/8PED27** (2 trimesters)

This program provides students with diverse experiences that instill a positive self-concept. Our curriculum emphasizes fitness, movement, sports skills and activities in a safe, creative environment. Students will be able to participate in various individual and team sports with an emphasis on lifelong fitness. An introduction to weight training is included at each grade level. Eighth grade health is focused on fitness and nutrition planning. Students will also be involved in an HIV unit. Families may choose to opt their students out; however, parents/guardians must preview the instructional materials before this can be done.

### **Creative Coding through Games 8CCG07** (1 trimester)

Using code.org and Scratch, learn the basic concepts of computer science with drag and drop programming. Students create interactive stories and games they can share with anyone, using repeat-loop, conditionals and basic algorithms they learn in this hands-on class. Learning how video games are constructed and designed is part of this class as well.

### **Digital Media – Digital Art, 3-D Animation, Web Design 8YDM17** (1 trimester)

This trimester course will explore the use and impact of digital media today through various projects and programs. Included in this course will be sections of digital art, 3-D design, animation and website design. This is a project-based class where students will explore these areas and develop skills in each through lessons and projects.

## **Eighth Grade Elective Courses**

Electives are all full year courses in Eighth Grade.

***Some classes may change due to student enrollment.***

### **Art 8YAR07** (full year)

Students enrolled in this full year art course will have the opportunity to both learn basics and further develop their already present skills in Visual Arts. Participants in this class will focus on their composition, design and personal expression skills through many mediums. These experiences will include drawing, ink, printmaking, watercolor, oil pastel, ceramic clay construction and paper mache.

### **AVID 8AVD07** (full year)

Our Advancement via Individual Determination (AVID) course is an academic elective offered to seventh and eighth graders. It is a class for students with a desire and determination to challenge themselves to reach their full potential. It teaches students the necessary strategies to be successful in both middle school and high school, with the ultimate focus of students being college-ready.

### **Band 8YBA07** (full year)

#### **Beginning Band 9YBA07B** (full year)

Members will be placed according to band experience. Beginning eighth grade band members will be enrolled with students with less experience. Regular home practice is expected. Refine your skills on a wind or percussion instrument and participate in daytime and evening performances throughout the school year. Performance opportunities include our concert band, a pop concert, our award-winning marching band and various travel/music performance opportunities. Students travel to competitions and have had a lot of musical and competitive success throughout the region. Student tours include performances in the San Juan Islands. There are instrument and travel expense scholarships available.

### **Jazz Band 8YBA07J** (full year)

Open to all eighth graders who are also enrolled in a prerequisite band elective. Develop skills in traditional contemporary jazz performance and improvisation on a chosen instrument. Participate in daytime and evening performances throughout the school year. Regular home practice is expected. Student tours include performances in the San Juan Islands and many extra performances from jazz festivals to community events such as the Mukilteo Tree Lighting Ceremony. We can also offer instruments to students who can't afford one. There are instrument and travel expense scholarships available.

### **Choir 9YCH07** (full year)

Come join the award-winning Pirate Choir! Choir is open to all 8th grade students. This course guides students through vocal music exploration, understanding and performance. Home practice and participation in evening performances is expected. There is also the opportunity for students with experience on the piano to participate as accompanists for the choir. Throughout the year the Choir is called upon to perform for various occasions and events. These include traveling to choral festivals, community performances at various school functions and at our annual winter, spring and end-of-year concerts.

### **Digital Media – Digital Art, 3-D Animation, Web Design 8YDM07** (full year)

This course will explore the use and impact of digital media today through various projects and programs. Included in this course will be sections of digital art, 3-D design, animation and website design. This is a project-based class where students will explore these areas and develop skills in each through lessons and projects.

### **Digital Media – Video Productions STEM Exploration 8YTE07** (full year)

Digital Media students will learn how to plan (storyboard and script), produce (digital media–video, still images, graphics and audio sequencing and effects) and output (publish in a variety of formats and outlets) media projects. The focus is on developing storytelling through the medium of video production and communicating to different audiences for different purposes. Instruction in the technical skills needed to use digital tools progresses through project-based work. Other media experiences will include web-based and mobile-based delivery systems. Digital Media students will also get some basic STEM experiences with some hands-on woodworking and 3-D design projects.

### **Family and Consumer Science 8YHF17** (full year)

This advanced class contains the five units listed below.

- **Personal Finance:** “Junior Achievement” curriculum is used in this unit. Students will go on a field trip to Finance Park and complete a “real-life” simulation when done with this unit. They also learn about economics, family budgeting, saving, investing and spending.
- **Nutrition:** Use nutrition and fitness diaries to evaluate information. Learn about food groups and their relationship to students’ well-being. Compare food labels and food types. Fad diets are studied and discussed; students write papers on them.
- **Family & Relationships:** Explore personal relationships and interactions. Complete a presentation based on information from research. Participate in role-play and use decision-making skills to make sound choices pertaining to family and relationships.
- **Textiles:** Complete several practice sewing projects to learn the skills needed to operate a sewing machine. Pass written sewing test and also learn how to hand sew to create a finished product. Use goal setting to complete this unit.
- **Culinary Arts:** Pass a food safety and skills test. Learn how to plan and prepare advanced meals. Compete in a cook-off with recipes students develop.

These units are all aligned with the state-approved frameworks through CTE (Career and Technical Education). Along with the learning in each unit, students will be practicing 21st Century Skills (ie: leadership, flexibility, managing goals, working independently, working in a group and being responsible). Students will apply these skills to their academic goals and family life.

### **French 1 FRE100-MST** (full year) **High School Credit**

Prerequisite: none. However, successful completion of English courses is highly recommended along with a strong competence in English grammar. Students will learn to speak and write basic French in the present tense. The target language will often be used as a form of communication in the classroom, so students should be prepared to repeat and speak daily in French. Students are expected to attempt to speak the language. Good study skills are highly recommended. Students will

practice reading, writing, speaking and listening in the target language with emphasis on speaking and listening. Homework assignments are frequent and greatly aid the student in language proficiency. Students can expect at least 2-3 hours of homework per week. This course will offer students an understanding of French civilization, culture and history as supports for the language element of the course.

### **Principles of Leadership - Advanced 8POL07B** (full year)

The class is primarily experientially based and emphasizes the importance of service for our community. Students will be planning activities for the school such as: spirit assemblies, Veteran's Day & MLK Day assemblies, spirit weeks, all-school events, service projects and more. Advanced Leadership students will be involved in hands-on activities, planning events and working to continue to build the positive climate and culture at OV. Students will have the opportunity to attend a week-long leadership camp in the summer with other student leaders from around the state. The course is open to 8th graders and requires an application.

### **Orchestra - Advanced 9YOR07** (full year)

#### **Advanced Orchestra 9YOR07AA** (full year)

Be a part of the award-winning Olympic View Orchestra! Learn to play a string instrument. Home practice and participation in evening performances are required. We can offer instruments to students who can't afford one. (Students with previous orchestra experience or by instructor's permission may register for the advanced orchestra class.) Develop understanding of music disciplines and ability to play on string instruments. Home practice and participation in evening performances is required. Throughout the year the Orchestra has various performances. These include traveling to orchestra festivals, community performances, performances at various school functions and our annual winter, spring and end-of-year concerts.

### **STEM Exploration – Intro to Robotics 8YTE07** (full year)

Science, Technology, Engineering, and Math are the subjects of focus for students to build their knowledge and skills by involvement in hands-on activities. Individual and group problem-solving will lead students through the design and engineering process to experience projects relating to community design and development. Students will gain skills in design (drafting and CAD), construction (manufacture and assembly) and basic machine operation and safety. An emphasis will be on woodworking, robotics with LEGO Mindstorm and aerospace with model rocketry.

### **Yearbook (Publications) 8YBK07** (full year)

This is a course that prepares students to apply technical knowledge and skills to the layout, design and typographic arrangement of printed and electronic graphic and textual products. In this course, students will learn the following related basic skills: digital photography, graphic design, interviewing techniques, copy writing and layout design. Using these skills, students will produce and publish our school's yearbook. Working creatively and independently with tight deadlines is vitally important. All applicants must have demonstrated prior responsibility as well as independent learning. Teacher recommendation is a required part of the application process.

If you have any registration questions,  
please contact our counselors.



### GRADE 6:

Teresa Hoffman: HoffmanTL@mukilteo.wednet.edu  
(M, Tu & every other Fri)

Sam Link: LinkSA@mukilteo.wednet.edu  
(W, Th & every other Fri)

### GRADE 7:

Lisa Morris: MorrisLK@mukilteo.wednet.edu

### GRADE 8:

Wendy Smith: SmithWJ@mukilteo.wednet.edu

Mukilteo School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

The following employees have been designated to handle questions and complaints of alleged discrimination: Civil Rights Coordinator and Title IX Coordinator Simone Neal (425-356-1319), nealsr@mukilteo.wednet.edu, Section 504 Coordinator Lisa Pitsch (425-356-1277), pitschla@mukilteo.wednet.edu, and the ADA/Access Coordinator Karen Mooseker (425-356-1330), moosekerkw@mukilteo.wednet.edu. Address: 9401 Sharon Drive in Everett, WA.

Inquiries regarding ADA/Access issues at Sno-Isle TECH Skills Center should be directed to Wes Allen, Director (425-348-2220) allenwr@mukilteo.wednet.edu. Address: 9001 Airport Road in Everett, WA 98204.